



*“Whatever you do, work at it with all your heart, as working unto the Lord, not for men.”*  
Colossians 3:23

## PCS Sports Information Form – Winter 2023-24

Dear Parents,

It's time to start planning for the winter sports seasons at PCS. **Participation in a sport—including practices—will not be allowed without the proper forms and payments being made.** It is especially important to plan ahead to have your student's athletic physical in time for the beginning of the season. **We must have a copy of a physical less than 12 months old.** Student athletes participating in a winter sport must be available for pre-season practice—before the beginning of school.

### Signup Night

For all winter sports, there will be a **mandatory** Signup Night. **Parents & players must attend Signup Night, bringing all of the necessary forms and fees.** Everyone must attend, no matter how many years you have played before. On Signup Night, in addition to collecting the forms & fees, parents and players will hear from the coaches and AD about practices, schedule, post-season events, and all requirements and expectations. Even though we may still send around a “signup” sheet at school, this will only indicate interest. No one will be considered to be on a team's roster unless they sign up on or by Signup Night—by turning in all forms and fees. In order to be added to the roster without being at Signup Night, a parent will have to contact the AD personally, and submit the required forms and fees. [If you have an unavoidable conflict, you are encouraged to do this before Signup Night.]

**Winter Sports Signup Night – Monday, October 16 at 7:00 in the gym.**

Who needs to be there? Any student, together with a parent, who plans to participate Elementary, Middle School, JV/Varsity basketball and archery in 2023-24. Information regarding boys volleyball sign up will be available at a later date.

What should you bring? Copy of current sports physical, completed ICE form, signed Athletic Contract, completed Athletic Fee Worksheet, athletic fee.

#### **A couple notes on Physicals:**

- You will need proof of a sports physical less than 12 months old. It must include the item “cleared for sports” [which our regular school physical form does not have]. You do not have to use our form. Any form which includes “cleared for sports” will do. There are several forms your doctor can access [including the PIAA sports physical form], which would be acceptable.
- If you got a new physical over the summer, or if there is any question about having a current sports physical on file with the PCS nurse's office, you should bring a copy of the physical to Signup Night. Please do not give us the original.
- At no point in the season can a student participate in any team activity unless we have a copy of a current physical. This includes pre-season practice. If your physical expires at any point during the season, you will not be able to participate in practice or games until we have a copy of the new physical—we cannot give any kind of a “grace period.”

#### **A note on the concession stand:**

- The concession will be open during Signup Night. Please stop by to connect with a concessions coordinator to get your Team Snap App instructions for the concessions schedule.



“Whatever you do, work at it with all your heart, as working unto the Lord, not for men.”  
Colossians 3:23

## PCS Sports Information Form

Dear Parents,

It's time to sign up for the winter sports seasons at PCS. **Participation in a sport—including practices—will not be allowed without the proper forms and payments being made.** It is especially important to plan ahead to have your student's athletic physical in time for the beginning of the season. **We must have a copy of a physical less than 12 months old.**

FALL SPORTS	WINTER/SPRING SPORTS
JV/Varsity (9 <sup>th</sup> -12 <sup>th</sup> grades) Boys* Soccer	JV/Varsity (9 <sup>th</sup> -12 <sup>th</sup> grades) Boys Basketball
JV/Varsity (9 <sup>th</sup> -12 <sup>th</sup> grades) Girls Volleyball	JV/Varsity (9 <sup>th</sup> -12 <sup>th</sup> grades) Girls Basketball
MS (6 <sup>th</sup> – 8 <sup>th</sup> grades) Co-ed Soccer	MS (6 <sup>th</sup> – 8 <sup>th</sup> grades) Boys Basketball
MS (6 <sup>th</sup> – 8 <sup>th</sup> grades) Girls Volleyball	MS (6 <sup>th</sup> – 8 <sup>th</sup> grades) Girls Basketball
MS & HS (4 <sup>th</sup> – 12 <sup>th</sup> grades) Co-ed Cross Country	Elementary (4 <sup>th</sup> – 6 <sup>th</sup> grades) Basketball
*Soccer is technically a boys sport, not co-ed; however, from year to year girls of high ability may be allowed to join the team, depending on number of students who sign up.	Varsity (9 <sup>th</sup> – 12 <sup>th</sup> grades) Archery
	Middle School (6 <sup>th</sup> – 8 <sup>th</sup> grades) Archery
	Elementary (3 <sup>rd</sup> -5 <sup>th</sup> grades) Archery
	MS/ High School (6 <sup>th</sup> -12 <sup>th</sup> grades) Boys Volleyball

**Necessary Forms** [available on the school website]:

- Athletic Fee Worksheet (the last page of this document)
- ICE Form (Insurance, Consent, & Emergency Information)
- Athletic Physical (the Athletic Physical is *not* the same as the regular school physical)
- Athletic Contract (Contract is found on the last page of the Athletic Handbook)

**Athletic Fees:**

- **Family Fee** - The "Family Fee" is paid once per family, per season, regardless of the number of student-athletes in the family. Applies to all sports—EXCEPT cross country & boys volleyball.
- **First Sport** – The first sport fee corresponds to the first sport of the school year for **each student**. A fall sport (soccer or volleyball) will always be a first sport, but those who don't participate in the fall will have their first sport in the winter season. [Cross country will *not* count as a “first sport.”]
- **Additional Sport**
  - A student who participates in a fall sport pays the Additional Sport fee in the winter.
  - A student who does not participate in a fall sport pays the First Sport fee in the winter.
  - A student who does not participate in a fall sport, but in two winter sports, pays the First Sport fee and the Additional Sport fee.

☆Payment of athletic fees [except for Cross Country] will entitle each family to two season passes for admission to athletic events. Adults without passes will be charged the admission fee at each contest, children of parents with passes will be admitted free of charge. Additional passes may be purchased for \$25 each.

**Concession Stand:** In addition to the forms and fees, it is expected that each family provide hours in the concession stand. Information about the concession schedule and sign up will be sent out at the beginning of each season.

**Other Fundraisers:** The athletic committee makes every attempt to keep costs at a reasonable rate, however, running a quality athletic program is very expensive. On average, it costs about \$350 per athlete, per sport. The only way that we can provide athletics without passing this entire cost along in the form of fees, is because of our various fundraising activities. The largest fundraising program is the concession stand—which cannot operate without sufficient volunteer support from parents. Each season, there will be one additional fundraiser in which participation from each athlete is required. Traditionally, we have allowed a “buy out” for those who do not want to actually sell the items of the fundraiser. We have included that “buy out” as an option on the athletic fee worksheet. The “buy out” is to be paid per athlete not per family.



“Whatever you do, work at it with all your heart, as working unto the Lord, not for men.”  
Colossians 3:23

## 2023-2024 Athletic Activity Fees

**Please return this worksheet with your payment.** This worksheet MUST be turned in with the other forms before the beginning of the season. The best time to do this is at the sign-up night for that season. Even if you have made some sort of payment arrangement with Beth Clever, athletic committee treasurer, this form—indicating all the fees for all of your children for the season—must be completed and turned in.

Varsity Sports	First Sport	Additional Sport	Family Fee	Please Note:
JV/Varsity	\$125	\$100	\$25 per family, each season	Fee is determined by the level of the <i>team</i> , not the grade of the student. Elementary athletes playing on a MS team pay the MS fee. 8 <sup>th</sup> graders playing full time on a JV or Varsity team pay the JV/Varsity fee.
Middle School	\$100	\$75		
Elementary BB / Archery	\$75	\$50		
3rd Grade Archery	\$50	X		
Club Sports	First Sport	Additional Sport	---	
Boys Volleyball (6 <sup>th</sup> – 12 <sup>th</sup> )	\$100	\$75	---	
Cross Country (4 <sup>th</sup> – 12 <sup>th</sup> )	\$50 – set fee, for all participants. No family fee IF this is your family’s <i>only</i> sport			

**Please return this worksheet with your payment** so that we can track which students have paid for which sports. This worksheet can be used for one season at a time: please include all of your children, all of their sports for that season, and include the fall or winter family fee. If you prefer to pay for the entire year all at once, include all your children, all their sports, and both fall and winter family fees.

### Athletic Fee Worksheet

Name of Student	Sport(s)	First Sport Fee	Additional Sport Fee	Total
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
	Fall Family Fee		\$25.00	\$
	Winter Family Fee		\$25.00	\$
Please note that <u>all</u> players must participate in the required fundraiser. Therefore the buyout is per player, NOT per family.	Fall Fundraiser “Buy Out”		\$25.00/per student	\$
	Winter Fundraiser “Buy Out”		\$25.00/per student	\$
			<b>TOTAL =</b>	\$

Please make checks payable to: “PCS” with Memo: “Activity Fees”

(Please include all sports your student will participate in this season. Payment of fees must be made prior to the start of each sports season. Exception requests (payment plan or fee forgiveness must be made in writing to the athletic committee prior to the start of practices: attach your request & explanation when turning in this form.)

For questions, contact:

Athletic Director: Scott Thomson [s.thomson@ourpcs.org](mailto:s.thomson@ourpcs.org) or (724) 967-1162  
 Assistant Athletic Director: Anna Rhoden [a.rhoden@ourpcs.org](mailto:a.rhoden@ourpcs.org) or (412) 758-3729  
 Athletic Committee President: Joe Onderko [onderko@pacathletics.org](mailto:onderko@pacathletics.org) or (724) 944-1329